

Carers Groups

The aim of the Carer Support Groups is for Carers to meet with other Carers, and get support from one another. We are also hoping to encourage Carers to experience new skills and give them the time for themselves that is so precious to them in their Caring Role, in a safe environment.

Each Group will be facilitated by a member of staff from North Staff Carers Association, but will be very much led by the Carers who use the group, the Carers will choose what they would like to achieve from the Group, whether it is learning new handicrafts, First Aid, or information on medication, benefits and other topics related to their Caring Role

Wellbeing Groups

NEWCASTLE

Arts Club

Quaker House
1 Archbold Terrace
Newcastle NE2 1DB

Every Monday

1pm to 3pm

BRADWELL LODGE

Craft Club

Bradwell Lodge
Bradwell Lane
Porthill
Newcastle ST5 8PS

Every Thursday

1pm to 3pm

LEEK

Craft & Art Club

Millward Hall Youth Centre
Salisbury Street
Leek ST13 5EE

Every Tuesday
10am to 12 noon

HAREGATE CENTRE

Art for Relaxation

Haregate Road
Leek ST13 6PP

Every Thursday
10am to 12 noon

CHEADLE

Craft Club

Bishop Rawle School
Royal Walk
Cheadle ST10 1QA

Every Monday
from 2nd March 2009
10am to 12 noon

CHEADLE

Art Club

Bishop Rawle School
Royal Walk
Cheadle ST10 1QA

Every Wednesday
10am to 12 noon