

E.L.I.T.E (CIC) Enabling Living Independently Today and Everyday



Peer Advocates offer informal advocacy, independent information and a listening ear to support people who need to express their views and to have their own stories heard, to safeguard people in situations where they are vulnerable.

Peer Advocates will be able to support people to self assess their needs by helping people to discuss concerns, understand what others are saying to them, make decisions about the services they want and express their views and interest.

The role of the advocate with disabled people and carers is a short term arrangement supporting people to become self advocates and to access the skills and teams to help them achieve this aim.

Peer Advocates main roles are to help and support people to access the services they need and require, make their own choices, have their privacy and dignity respected be part of the community, develop their skills and make appropriate referrals to other agencies.

Why would a Peer Supporter be able to understand me?

Peer Supporters have first-hand experience of how challenging being a disabled person or a carer can be.

Many of them decide to become Peer Supporters because they have been through tough times themselves.

Peer Supporters know that everyone has good days and bad days, and on the bad days it can help to have someone around who asks 'How are you?' or 'How's it going?' and genuinely wants to know the answer...