

CARERS INFORMATION – North Staffordshire

General Carers Information

www.carefreespain.com - holidays together for Carer and cared for
www.aboutmyarea.co.uk - postcode specific information about local services
www.carers.org - Princess Royal Trust for Carers
www.carersinformation.org.uk - Carers Association Southern Staffordshire
www.kingsfund.org.uk - Kings Fund - Health Improvement
www.carersuk.org - Carers UK, formally Carers' National Ass.
www.carers.gov.uk - Dept of Health information for Carers
www.direct.gov.uk/en/CaringForSomeone/MoneyMatters/index.htm - Government information for Carers
www.bbc.co.uk - Search site for "Carers" - Lots of up to date information
www.derbyshirecarers.co.uk - support services available in Derbyshire for Carers
www.shropshire.gov.uk/adultcarer.nsf - support services available in Shropshire for Carers
www.carers.org/cheshire - support services available in Cheshire for Carers

Health Information Websites

www.nhsdirect.nhs.uk - General Health Info
www.bbc.co.uk/health/conditions - Health Conditions Database
www.alcoholconcern.org.uk - Information about Alcohol Misuse
www.alzheimers.org.uk - Alzheimer's Disease Society
www.scope.org.uk - SCOPE - for Cerebral Palsy
www.edauk.com - Eating Disorder Association
www.arthritiscare.org.uk - Arthritis Care Website
www.bcass.org.uk - British Colostomy Association
www.nacc.org.uk - National Association for Colitis and Chron's Disease
www.cancerbacup.org.uk - Cancer BACUP - information service
www.diabetes.org.uk - Diabetes UK website
www.epilepsy.org.uk - Epilepsy Association
www.bhf.org.uk - British Heart Foundation
www.nkrf.org.uk - National Kidney Research Fund
www.leukaemia-research.org.uk - Leukaemia Research Fund
www.mssociety.org.uk - Multiple Sclerosis Society
www.muscular-dystrophy.org - Muscular Dystrophy Campaign
www.nhs.uk - NHS information on medical conditions, treatment available, choices for care etc.
www.parkinsons.org.uk - Parkinson's Disease Society
www.stroke.org.uk - Stroke Association Website
www.equip.nhs.uk - quality information for patients and Carers

Physical & Sensory Disability Information

www.themusketees.org - for Carers of people with Multiple sclerosis.
www.allanasmyth.co.uk - Provides clothing for people with physical disabilities
www.yourable.com - Information, products and services for Disabled people
www.dlf.org.uk - Disability Living Foundation - independent living solutions
www.equalityhumanrights.com - Equality and Human Rights Commission - information and

advice to promote equality and human rights.

www.afbp.org.uk - Action for Blind People Website

www.rnib.org.uk - Royal National Institute for the Blind

www.deafblind.com - Information for deaf and/or blind people

www.bda.org.uk - British Deaf Association Website

<http://www.hearingconcernlink.org/index.php> - Information and News for Deaf People

Mental Health & Learning Disabilities

www.nsaaa.co.uk - offers support, help and advice to ASD individuals, their parents and Carers.

www.virtuall.org - Learning Organisation, promoting better Mental Health

www.mind.org.uk - Mind - Mental Health Charity

www.nsug.co.uk - North Staffs Users Group - Mental Health

www.bbc.co.uk/health/mental - Mental Health Information

www.mentalhealth.com - General Mental health Info - Disorders, diagnosis etc

www.bild.org.uk - British Institute for Learning Disabilities

www.learningdisabilities.org.uk - Foundation for People with Learning Disabilities

www.mencap.org.uk - Mencap - Learning Disabilities Charity

www.rethinkcarers.org - for Carers of people with mental health problems.

www.staffordshirementalhealth.info - information for mental health Carers in Staffordshire

www.stokementalhealth.info - information for mental health Carers in Stoke on Trent

www.mentalhealth.org.uk - information about mental health issues

Information For Older People

www.nu150plusforum.org.uk - advice for people over 50

www.caredirections.co.uk - Guide to care and rights of the elderly in the UK

www.acns.org.uk - Age Concern - support for the over 50's in North Staffordshire

www.helptheaged.org.uk - Help the Aged

www.bjf.org.uk - Beth Johnson Foundation

www.ssafa.org.uk - SSAFA Forces Help-for people who are/were in the Services

Information For Young People & Young Carers

www.stonethrow.co.uk - Information for Young People in Staffordshire

www.youngminds.org.uk - Young People and Mental Health

www.riprap.org.uk - for young people caring for a parent with cancer.

www.youngcarers.hants.org.uk - Lots of Information for Young Carers

www.bubblycrew.org.uk - for young Carers.

www.childrenssociety.org.uk/youngcarers - has a page for young Carers.

www.epilepsy.org.uk/youngpeople/index.html - Epilepsy information for teenagers

Employment and Training

www.nulc.ac.uk - Newcastle under Lyme College provides full-time and part-time course

that may be of interest to both young and adult carers.

www.learningforliving.co.uk - Learning program designed specifically for unpaid Carers

www.nuffieldfoundation.org - Provides grants for women studying for their first qualification
- can help with the costs of caring

www.nec.ac.uk - Offers distance learning courses

www.jobcentreplus.org - Offers support for Carers trying to combine work and caring

<http://www.employersforcarers.org> - Employers for Carers (EfC) is an interest group that includes major employers, employers' organisations and Government agencies.

Services and Support

www.holidaysforall.org - provides accompanied and unaccompanied holidays for people with an illness or disability

www.warmzones.co.uk - energy efficiency advice and support

www.asist.dial.pipex.com - Asist - Advocacy in Staffordshire

www.crossroads.org.uk - Short Breaks for Carers in the Home

www.elderabuse.org - Support and information for victims of elder abuse

www.samaritans.org.uk - Samaritans Support Website

www.sja.org.uk - St John's Ambulance

Local Services

www.staffordshire.gov.uk - Staffordshire County Council info, inc. Social Services

www.stoke.gov.uk - Stoke City Council info, inc. Social Services

<https://www.northstaffs.nhs.uk/nsPortal/portal/cn/CHCHome/CHCHomepage> - North Staffs Combined Health Care Information

www.beatcold.org.uk - Information and advice aimed at reducing fuel poverty and cold related illness, in North Staffs.

www.northstaffordshire.nhs.uk - Information about services offered by North Staffordshire Community Healthcare Trust

Residential and Nursing Care

www.housingcare.org - Elderly Accommodation Counsel

www.bettercaring.co.uk - Choosing the right Care Homes

www.ucarewecare.com - Nursing Homes Directory - UK

Caring for Children

www.newlifecharity.co.uk - New Life for Disabled Children

www.nas.org.uk - National Autistic Society

www.downs-syndrome.org.uk - Downs Syndrome Association

www.nbcs.org.uk - National Blind Children's Society

www.cafamily.org.uk - Contact a Family - For families with disabled children

www.familyfundtrust.org.uk - for people caring for severely disabled child

Benefits

www.disabilitybenefits.co.uk - Clear info for people with disabilities, and their Carers

www.dwp.gov.uk - Benefits Agency

www.citizensadvice.org.uk - Citizens Advice Bureaux

www.direct.gov.uk/en/MoneyTaxAndBenefits/index.htm - information on money, tax and benefits.

www.direct.gov.uk/en/CaringForSomeone/MoneyMatters/index.htm - Government Information for Carers on money and benefits.

(source North Staffordshire Carers Association website)

For further information on what is available for Carers in North Staffordshire visit www.carersfirst.com or telephone 01782 834836