

Activities and things to do in and around the Newcastle under Lyme area

Local activities, things to do and interesting places to visit.....

Every effort has been made to ensure that this information is correct at the time of being produced. As some activities are reliant on funding it is advisable to contact the provider prior to attending to ensure the information is correct. Elite cannot accept any responsibility for any errors. If you do discover any errors, we would be grateful if you could contact the Elite office so the information can be updated 01782 662872. Thank you!

Purple Pages



The Staffordshire Cares Purple Pages is a groundbreaking new way to find out about the organisations that can help you through life's ups and downs.

If you're coping with a disability, changing health issues or simply getting that bit older, there's hundreds of organisations available at your finger tips that can help.

Whether you're looking for advice and support, practical help at home or you simply want to meet new people and try new things, everything on offer is here, in one place.

Website - www.staffordshirecarespurplepages.info

Telephone - 0300 111 8010 to speak to a Purple Pages Advisor

Activities 4 All (E.L.I.T.E)



We offer social, leisure and educational activities for adult disabled people and their carers including Creative Crafts Workshops, Basic computer skills and a Community Cafe, at affordable prices. All activities are supported by befriending volunteers to ensure full participation and inclusion.

Location and opening Times:

Every Tuesday

Venue: Wye Road Community Centre, Clayton, Newcastle under Lyme ST5 4AZ.

10.30am - 3.30pm

Every Thursday

Venue: Newcastle Methodist Church, Ryecroft, Newcastle under Lyme Staffordshire ST5 2AD

12.00pm - 4.00pm Creative Crafts

2.00pm - 4.00pm Cookery for One workshops

Coming soon in 2012 - Literacy and Numeracy Classes at Newcastle under Lyme Library.

Telephone - 01782 611992 / 01782 662872

Email - info@elitestaffordshire.co.uk

Website - www.elitestaffordshire.co.uk

African Drumming Workshops



Joliba West African Drum and Dance School are offering an introductory course to African Drumming, which begins on the 12th September from 7.00pm - 9.00pm and then every Monday evening (excluding Bank Holidays), this workshop will focus on West African Percussion.

Students can choose the djembe, hand drum, or Djun, Sangban and Kenkeni, stick drums, however, our hire drums are in limited supply so book early if you want to reserve your place.

Price - £7.00 per session (plus £1 djembe hire)

Please contact David Woolley if you have any further questions, would like to book a place or would like the latest information on the workshops and venues. Venues are usually within Stoke on Trent, Leek or Woore.

Contact - via email david@joliba-drums.co.uk

Website - www.joliba-drums.co.uk

Apedale Country Park Health Walk



Walk North Staffordshire is an accredited Walking for Health Scheme funded by North Staffordshire NHS and delivered by the Staffordshire Moorlands Community and Voluntary Services (SMCVS). The Apedale Health Walk is a one hour leisurely walk, accessible for most walkers. Walking is a good way to reach the recommended 30 minutes 5 times a week of physical activity and can help maintain a healthy weight.

This walk is accessible for all ages (16+) but is more intense and will involve some steep climbs and uneven footpaths. All walks are risk assessed and delivered by trained walk leaders. Health walks are perfect for those people recovering from illness and injury, beginners and those looking to meet like minded people.

Enjoy a FREE cup of tea/coffee after the walk.

Where - Apedale Heritage Centre, Apedale Community Country Park, Loomer Road, Newcastle under Lyme ST5 7RR

When - Every Tuesday 10.30am - 11.30am

Contact - Craig Harris 07967 662 001

Email - craigharris@smcvs.co.uk

Art Group (James Brindley Art Group)



Local art group who welcome anybody new who would shares a passion for art. This is not a tutor based class; however it is a very relaxed atmosphere which allows you to do your own thing at your own pace. All members are happy to provide any advice if it is required.

Venue:- Packmoor Community Centre, Lorraine Street, Packmoor ST7 4QG

When:- Every Monday 1.30pm - 3.30pm

Cost:- £10 every three months as a member of the Art Group.

Contact:- Derek Leake

Materials:- You will need to bring along your own materials, small jam jar, packet of water colours, 3 brushes one small medium and large, a pencil. The group can supply paper which is of a good quality for water colours at a cost of 35p per sheet.

The venue has disabled access and W.C.

Audley Climbing Centre



Audley Climbing Centre is a great indoor climbing centre packed with routes and challenges for climbers of all abilities. Located in the North Staffordshire village of Audley, near Stoke-on-Trent and Newcastle-under-Lyme, only 10 minutes from junction 16 of the M6. No other centre in North Staffordshire has as many top rope routes. Lead wall challenges are also available for experienced climbers.

- 50 top ropes
- 9 lead climbing lines
- Routes changed regularly
- Free Parking
- Refreshments
- Friendly experienced staff

To climb unsupervised, climbers must register with Audley Climbing Centre and sign themselves as competent or undergo a 1hour induction including:

- Fitting harness and helmet
- Tying in figure of 8 knot
- Safe belaying and lowering
- Must be able to demonstrate competence

Location: Peak Pursuits Audley Climbing Centre, Nantwich Rd, Audley, Stoke-on-Trent, ST7 8DH
For enquires tel: 01782 722226

Audley Climbing Centre Opening times:

Weekdays: 2pm to 9.30pm

Weekdays (School Holidays): 10am to 9.30pm

Weekends and Bank Holidays: 10am to 6pm

Awesome Walls Climbing Centre



The UK's premier indoor bouldering centre.

Large on site car park.

Fully qualified and experienced instructors.

Hot and cold refreshments.

Climbing over two floors.

Over 500m² of climbing surface.

Friendly, knowledgeable staff.

Venue - Sefton Road, Longton, Stoke on Trent, Staffordshire ST3 5LW

Telephone - 01782 341919

Email - stoke@awesomewalls.co.uk

Web - www.awesomewalls.co.uk

Balloon Flights



Experience the views as you float over the Award Winning Trentham Gardens and out over the Staffordshire countryside.

If you want to fulfil the ambition of a lifetime you can book a flight date for at least one hour flying time. You must allow at least three to four hours from arriving to being returned from the flight.

Small groups or individuals can be allowed to fly.

Venue - Trentham Gardens Visitors Centre, Stone Road, Trentham ST4 8AX

Bookings can be made on line at www.balloonsuk.co.uk

Telephone - 01785 280450

Borough Museum & Art Gallery



Location: Brampton Park, Newcastle under Lyme, ST5 0QP

Telephone: 01782 619705

Open: Mon -Sat 10.00am - 5.30pm Sun 2.00pm - 5.30pm

Admission: Free

Bridgemere Nursery and Garden World



Britain's largest and most spectacular garden centre, Bridgemere Nursery & Garden World lies on the beautiful borders of Cheshire, Staffordshire and Shropshire. Established fifty years ago by John Ravenscroft as a one-man band rose nursery (who once lost his entire crop to cold), Bridgemere now covers 50 acres and is one of the largest garden centres in the world.

Superb shopping in a huge undercover area ranges from gardening products and gifts to clothes and toys, whilst an excellent restaurant serves delicious home-made food. Ever-changing entertainments include guided garden walks, workshops, and seasonal demonstrations and there are plenty of fun children's activities to inspire the gardeners of the future, including wildlife trails, a fantastic play area and even a mini-mountain to climb. It all makes a visit to Bridgemere an unbeatable day out for all the family.

For the latest events and opening times please contact - 01270 521100

Email - Bridgemere.GardenCentre@thegardencentregroup.co.uk

Location - Bridgemere, Near Nantwich, Cheshire CW5 7QB

Care Farms



Care farming is the therapeutic use of farming practices. Care farms:

- Utilise the whole or part of a farm
- Provide health, social or educational care services for one or a range of vulnerable groups of people
- Provide a supervised, structured programme of farming-related activities

The Willows Farm

An organic beef/sheep/pig farm which has welcomed visitors for five years. We have a purpose built classroom/meeting room area with good facilities, including disabled access and toilets. There is also a garden area with raised beds or visitors can join in with a farm walk in Uttoxeter's beautiful Town Meadows.

We offer supervision for animal husbandry, welcome pre-visits by group leaders and can "purpose build" your day on our farm.

We work with all ages and abilities, and have undertaken extensive training.

Where - Willows Farm Care Farm, The Willows Farm, Uttoxeter, Staffordshire, ST14 8EJ

Contact - Christine Allen 01889 566819

Email - allen-andrew@o2.co.uk

Website - www.staffordshirecarefarmco-operative

Sherratts Wood

We aim to provide a place where everyone, irrespective of ability or disability, can exercise choice, independence and improved wellbeing as a result of recognising individual needs and providing inspirational and stimulating activities on our 20 acre farm in North Staffordshire.

We encourage a range of different day-farmers to undertake activities including:

- people with learning disabilities or mental health problems
- ex-service personnel
- businesses seeking socially responsible team building
- older people
- children
- families and individuals.

A visit to Sherratts Wood is a social experience as well as a learning and therapeutic environment. We deliver a range of meaningful and enjoyable rural and farm-related rural activities including, environmental sustainability, animal husbandry, growing & cooking healthy food, rural crafts and curriculum-based activity.

Our facilities include room for in-door activity with a bespoke class room including a kitchen, workshops and animal housing. Out-doors we have 18 acres of traditional grassland, more than two acres of woodland, and animals ranging from miniature horses to a turkey!

Where - Sherratts Wood, Middleton Green, Staffordshire, ST10 4PQ

Contact - Louise Fletcher-Chard 01889 502662

Email - louise@sherrattswood.com

Website - www.sherrattswood.com

Farm 2 Grow

Farm2grow is an exciting venture which aims to provide ethical farming awareness, horticulture education and inspiration to the local community.

Farm2grow is not for profit voluntary enterprise, with the mission of creating a safe learning environment where volunteers, students and care seekers of all ages can develop new skills that will equip them for life.

We aspire to do this 'on the farm' through a variety of fun and educational programmes:

- Learn new skills and knowledge about farming techniques and the surrounding wildlife.
- Vocational, recreational and therapeutic programs
- Fun hands-on demonstrations on how vegetables and plants grow, and how to care for them
- Nutritional information about how vegetables feature in a healthy balanced diet
- Business enterprise opportunities, such as selling products to the local community
- Classroom resources linked to the formal curriculum

- Pre and post visit activities to prepare and reinforce learning

All of which will help to create an environment which enables people to improve their quality of life and achieve their own personal goals. Plus everyone who comes to Farm2Grow will experience diversity and integrate within the community.

Venue - Farm2Grow, Baileys Barn Farm, Cheadle Road, Wetley Rocks, Stoke on Trent, ST9 0AZ

Contact - 01782 551833 (mobile 07766836006)

Email - admin@farm2grow.co.uk

Website - www.farm2grow.co.uk

The Clubhouse Network



At The Clubhouse Network you can meet new people, learn new skills and get support in a safe, welcoming environment.

You choose what you get from The Clubhouse Network:

- Get support from staff who are always available
- Call in for a drink or lunch with friends
- Sit quietly with a book
- Take part in the many activities
- Volunteer to help run Clubhouse whilst getting support to help you

It is FREE to join and use all of the Clubhouses. You don't need a referral. Call us, pop in or come along with a friend or someone who supports you to find out more.

Venue - The American Clubhouse - 148 Waterloo Road, Burslem, Stoke-on-Trent

Contact - 01782 835220

Email - american.clubhouse@brighter-futures.org.uk

Venue - The Observatory - 17 Bucknall Old Road, Hanley, Stoke-on-Trent

Contact - 01782 272799

Venue - twentyfourSEVEN - 23 Hillcrest Street, Hanley, Stoke-on-Trent

Contact - 01782 234370

Club Sub Diving Centre



Do you want to know what its like to Scuba dive?

Come along and try our PADI Discover Scuba Session. You will have a 30 minute classroom presentation followed by approx 2 hours in the pool, where you will be introduced to the various pieces of Scuba gear we use and participate in some basic skills followed by fun and games.

Telephone - 01782 304777

Venue - 411 Ashbank Road, Werrington, Stoke-on-Trent, Staffordshire, ST9 0JU

E-mail - enquiries@clubsub-stoke.co.uk

Web - www.scubadivingstaffordshire.co.uk

Community Cafe's and Safe Haven's



Aspects Cafe and Drop In Centre

Run by and for adults with a learning disability. Come and join us for social networking, advice and information in a relaxing atmosphere.

Where - Aspects Cafe in the basement of Newcastle Library, 47 The Ironmarket, Newcastle ST5 1AT

When Monday, Wednesday and Friday 10.00am - 2.30pm

Activities 4 All - ELITE Community Cafe

Run by a group of volunteers, come along and enjoy a bite to eat in friendly and welcoming surroundings.

Where - Wye Road Community Centre, Wye Road, Clayton, Newcastle under Lyme, ST5 4AZ

When - Tuesday 10.30am - 2.00pm

Deafvibe Cafe

Cafe and socialising for British Sign Language Users.

Where - Newcastle Library, 47 The Ironmarket, Newcastle under Lyme ST5 1AT

When - 2nd Saturday of every month 9.30am - 12.00pm

Price - £3.00 entry fee is payable with FREE tea/coffee.

Cafe and socialising for the hard of hearing and deafened people

When - 2nd Saturday of every month 1.00pm - 3.00pm

Price - £3.00 entry fee is payable with FREE tea/coffee.

The Coffee Shop

Open to the public and offering a wide range of delicious and low cost breakfasts, main meals and mouth watering snacks and drinks.

We cater for most tastes and dietary requirements and can provide healthy eating options too!

Where - Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyme ST5 7FA

When - Monday - Friday 9.30am - 3.00pm (breakfast is served until 11.30am)

Lunch Club

Why not join us every Wednesday at 12.30pm for our Lunch Club?

A delicious two course lunch is provided at a low cost along with great company and a wonderful atmosphere!

No need to book just pop on down to the Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyme ST5 7FA

Approach Cafe

Saturday Cafe run by Approach which runs once a month between 11am- 2pm. They provide a mixture of free advice and support for carers of older people with dementia or mental health issues, as well as an opportunity for carers to meet others in the same situation.

The Saturday Cafe also provides a 'take a break service' where carers can leave the person they care for to enjoy up to three hours of structured activities, including a light lunch. The cost of this is only £12 for the three hours but places are limited so book early.

For more information or to book your take a break service place call 01782 214999.

Venue:- May Place Day Centre, May Place, Brampton Road, Newcastle ST5 0RJ

College in the Community Courses



'Go On Line'

The Community Programme runs throughout the week from Monday to Friday from 9.00am - 1.00pm.

This is a web based activity, that helps to build internet/computer skills for individuals, you will need to book a place to ensure that you have access to a computer.

Certificates of achievement are provided to enable individuals to build up a portfolio.

The programme is very easy to follow and help is on hand should this be required.

Where - Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyne ST5 7FA

Contact - 01782 564529

Costume Jewellery Making



An introductory course for the NCFE Creative Crafts level 1 Jewellery qualification. There are no prior requirements to attend this course, just an interest in the craft. During the four weeks learners will develop basic Jewellery making skills, portfolios building and simple descriptive techniques. Throughout the introductory course learners will create their own jewellery items to take home.

Additional Information

Fee remission is available for this course - to check your eligibility please visit www.nulc.ac.uk/finance or call 01782 254254. All information is correct to the best of our knowledge at the time of publication but may be subject to change. Courses run subject to minimum viable class sizes.

You can call into the College Information Centre to enrol and make payments by cash, cheque or credit/debit card. Opening times are 9am to 8pm Monday to Thursday and 9am to 4.30pm on Fridays, during term time.

When - Wednesday 21st September 2011 - Wednesday 19th October 2011 10.00am - 12.00pm (every Wednesday)

Where - Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyme, ST5 7FA

When - Friday 23rd September 2011 - Friday 21st October 2011 9.30am - 11.30am (every Friday)

Where - Hempstalls Childrens Centre, c/o Hempstalls Primary School, Collard Avenue, Wolstanton ST5 9LH

English4U

No previous qualifications are necessary just a willingness to learn. You will be interviewed prior to being accepted on the course, this is only to establish your current level of knowledge.

Where - Knutton KCP, Knutton St Mary's, Church Lane, Knutton, ST5 6EB

When - Tuesday 13th September 2011 - Tuesday 3rd July 2012, 9.30am - 12.00pm (every Tuesday)

Where - Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyme ST5 7FA

When - Thursday 15th September 2011 - Thursday 5th July 2012, 9.30am - 12.00pm (every Thursday)

You can call into the College Information Centre to enrol and make payments by cash, cheque or credit/debit card. Opening times are 9am to 8pm Monday to Thursday and 9am to 4.30pm on Fridays, during term time.

Maths4U

No previous qualifications are necessary just a willingness to learn. You will be interviewed prior to being accepted on the course only to establish your current level of knowledge.

Where - Kidsgrove Library, Meadows Road, Kidsgrove ST7 1SB

When - Thursday 15th September 2011 - Thursday 5th July 2012, 9.30am - 12.00pm (every Thursday)

Crafts



The Madeley Craft Group meets on alternate Wednesday afternoons from 2.00 p.m. - 4.00 p.m. Each session costs £2.00 which includes a cuppa.

Group members are provided with the materials they need to produce small craft items such as cards and cushions. They are then shown how to make the item and help is on-hand throughout the session.

People may buy the item that they have made and may also buy other craft items made by others at the regular craft stall held during the group session.

The surplus made from craft sales goes to the University Hospital North Staffs to buy nebulisers for people to use at home. To date 90 nebulisers have been bought.

If you would like to find out more please ring Doris Owen on 01782 630297 or just come along.

Where - The Madeley Centre, New Road, Madeley nr Crewe, Cheshire CW3 9DN

Creative Writing



Creative writing group

Where - Newcastle Library, 47 Ironmarket, Newcastle under Lyme, ST5 1AT

When - The 1st and 3rd Saturday of the month, from 12.30pm onwards.

Poetry Workshop

Where - Eccleshall Library, 20 High Street, Eccleshall, Staffordshire ST21 6BZ

When - The 1st and 3rd Thursday of the month, from 2.00pm - 4.00pm

Contact - 01782 850452

Dagfields



Visit Dagfields for a perfect day out for all the family. Situated near Nantwich in the beautiful Cheshire countryside we are the largest Crafts and Antiques centre in the area. You will find 40,000 sq ft of antiques, collectables and bric-a-brac in 6 Giant Emporiums with over 200 dealers.

See craftsmen at work in picturesque Victorian barns in our 25 craft workshops. We also specialise in conservatories, fine arts, mirrors, picture-framing, art supplies, second-hand books and records and much more.

Sample the delicious homemade food at the tea-rooms and restaurant.

We are open 10am-5pm seven days a week all year round (workshop times may vary). Closed Christmas Day and Boxing Day only.

FREE Admission and parking

To find us take junction 16 off the M6. We are situated on the B5071 off the A51 between Bridgemere Garden World and Stapeley Water Gardens, south of Nantwich. Coaches welcome.

Venue - Walgherton, Nantwich, Cheshire, CW5 7LG

Contact - 01270 841336

Website - www.dagfields.co.uk

Dorothy Clive Garden



Set amidst glorious countryside where the borders of Staffordshire, Cheshire and Shropshire intersect, this beautiful 12 acre garden has continually evolved since 1940. In that year Colonel Harry Clive began landscaping a disused Victorian quarry for his beloved wife, Dorothy.

Where:- Willoughbridge, Market Drayton, Shropshire TF9 4EU

Contact:- 01630 647237

Website:- www.dorothyclivegarden.co.uk

There is disabled parking available.

Dimensions Sensory Room



Dimensions Sensory room is packed from floor to ceiling with gadgets and gizmos, the Sensory Room is designed to entertain and educate, helping people to develop their senses and skills.

At its heart the Sensory Room helps to remove distractions and stress found in the everyday world. It places people in a safe environment which encourages those who are overactive to become calm and relax whilst stimulating those who may be inactive.

People who suffer from a range of disabilities are well catered for with the inclusion of soft play features, vivid lighting effects and mobilisation equipment.

The Sensory Room is open to all ages as long as they are accompanied by a Carer.

You will need to pre book the use of the room.

The cost is £3.85 per session with an Energy Plus pass. The cost is £4.85 per session without the pass.

You can obtain the pass by applying before hand at Dimensions.

Venue:- Scotia Road, Burslem, Stoke on Trent. ST6 4ET

Telephone:- 01782 233500

E.L.I.T.E Theatre Company (E.T.C)



E.L.I.T.E Theatre Company working in partnership with New Vic Borderlines

The Elite Theatre Project (ETC) will provide the opportunity for people with disabilities to work with the theatre enriching the lives of the participants and bringing new energies and ideas into the theatre company.

All participants will become a part of the ELITE Theatre Company (ETC) and will develop their own ideas and aspirations for the company through engaging with highly professional and qualified practitioners.

Members of ETC will participate in weekly workshops leading to presentations and performances. In addition they will have access to the resources of the theatre including opportunities to see theatre performances.

Participants will have the opportunity to meet new people, make new friends, develop their creativity, learn new skills and most importantly have fun!

For further information or to book a place, please contact the Elite office on 01782 662872.

Venue - New Vic Theatre, Etruria Road, Newcastle under Lyme ST5 0JG

Fishing - Stoke on Trent Angling Society



The society was founded in 1899 by a group of dedicated anglers who fished Stanley Reservoir in Stoke, Staffordshire. Today the Society has grown to be one of the more prominent fishing organisations in the UK with members, made up on seniors, ladies, juveniles and disabled members from all over the country.

The mission of Stoke on Trent Angling Society is to manage, serve and promote angling. To assist members and participants in their various forms of involvement in angling. To adhere to all the laws of angling and to encourage and facilitate the involvement of as many people as possible in angling activities.

The society controls fishing on some of the regions most prestigious venues like Bolesworth Castle Estate, Astbury Country Park, and two idyllic stretches of the River Dove, with numerous private waters to suit the general coarse, match, pleasure and specimen angler.

We have entered into a partnership whereby our members are able to fish Rudyard Lake and Knypersley Reservoir on the Society card. Stanley Pool remains one of the most productive Big Pike waters in the country.

For the general pleasure angler you will find great sport on; Ellenhall (with eleven pools to go at!) and Bolesworth Castle which offer consistent catch returns of Roach, Rudd, Crucians, King Carp, Tench and Bream, and remain very popular for our young anglers and those new to angling. The Society also runs a programme of matches on all of its waters, which provide excellent returns whether experienced or inexperienced.

For further information see www.sotangling.co.uk

Postal enquires only to Mr A Perkins, Muirshearlich, Fowlers Lane, Light Oaks, Staffordshire ST2 7NB

Fit To Dance



A weekly dance/exercise class for the over Fifties at Chesterton Community Centre.

Venue - Chesterton Community Centre, London Road, Chesterton, Newcastle under Lyme, ST5 7EA

When - Every Wednesday 10.30am - 12.00pm

Contact - Joan Hollis 01630 673222

Email - Anthony@hollis8.orangehome.co.uk

FOOTBALL



Stoke City Ability Counts FC

All Disabilities are welcome; they are looking for new players, new teams and volunteer coaches. They welcome lower novice, novice, intermediate and advanced levels of ability.

Training takes place on Sundays 2.30pm - 4.00pm

Venue - Academy Dome, Stoke City Football Club Stoke ST4 4ES.

Contact - Adrian Hurst on 01782 592253 or 07951 313144

Email - Adrian.hurst@stokecityfc.com

Stoke Gateway

Football Club for adults with Learning Disabilities; they welcome novice, intermediate and advanced levels of ability and are looking for new players, new teams and volunteers/coaches.

Training takes place on Tuesday nights 7.00pm - 9.00pm

Venue - Stoke on Trent College (Cauldon) Sports Barn

Contact - Tony Fry on 01782 315253

Port Vale in the Community



Port Vale in the Community runs teams for footballers with a learning disability and teams for footballers who are deaf/hearing impaired; they welcome novice and intermediate levels of ability and are looking for players and teams to play.

Training takes place on a

Venue - Port Vale Community Trust, Hamil Road, Burslem, Stoke on Trent, ST6 1AW

Contact Jim Cooper/Ben Chapman on 01782 575594

Gardening Project/Light Maintenance



Come along and join Newcastle Borough Council Park Staff and help with the general maintenance and gardening to help keep the beautiful parks in our community in tip top shape.

The sessions are currently held on the First Wednesday of every month with the hope of making these more frequent.

To book your place or for the latest venue information and times please contact - Lisa Ansell at Elite on 01782 662872

Garners Garden Centre



With over 100 years experience, *Garners Garden Centre* is still a family run business with friendly staff who can provide expert advice. We have a large tarmaced car park, situated close to Newcastle town centre and can offer a delivery service at competitive prices.

Why not make the most of your visit by relaxing in our Barn Restaurant? Have a coffee or tea with a selection of fresh cream cakes. Alternatively choose from our menu of freshly-prepared, homemade, hot meals.

The Craft Room

Inside The Craft Room you will find a huge range of products for all your crafting needs, whether you are a complete novice or experienced crafter.

All our staff are experienced crafters who are able to offer you advice and tips on how to get the most from our products.

Throughout the year we hold regular free demonstrations - these are advertised in store and via our emailing list.

As well as papercrafting items, we stock a large selection of beads, tools and findings for making your own jewellery.

We also have a range of artists' materials at affordable prices which includes paints, brushes, artist canvasses, sketch books, easels and portfolios. Ideal for the hobbyist and student artists.

More popular lines include Paint-by-Numbers and Engraving Art.

Venue - Cemetery Road, Silverdale, Newcastle under Lyme, Staffordshire ST5 6SH

Contact - 01782 636428

Email - sales@garnersgardencentre.co.uk

thecraftroom@garnersgardencentre.co.uk

Website - www.garnersgardencentre.co.uk

Gentle Exercise



Gentle exercise session provided by Age UK

Where - Newcastle Library, 47 Ironmarket, Newcastle under Lyme ST5 1AT

When - Every Thursday 10.00am - 12.00pm

Price - FREE!

Golf



Par 3 Course

This is an excellent course for any ability to try out golf skills, without the pressure of holding up more experienced/professional players.

The cost is priced from £7 to play the course with FREE hire of clubs, depending on the time of week you want to play. (Weekends are more expensive).

Venue:- Keele Golf Centre, Keele Road, Newcastle ST5 5AB

Telephone:- 01782 627596

Website:- www.keelegolfcentre.co.uk

Driving Range

The floodlit driving range has 26 bays and provides excellent practice facilities from 9.00am until late evening. They provide quality mats, two piece range balls and power tees and a variety of interesting targets to test your skills. Clubs can be hired if you don't own your own.

Ball hire costs are 25 £2.50

50 £4.00

100 £6.50

You can even arrange a 'one to one' tuition session prices start from £20 per half hour.

Venue:- Newcastle Academy of Golf, Keele Road, Newcastle, ST5 5AB

Telephone:- 01782 717417

Website:- www.newcastleacademyofgolf.cok.uk

IT Courses



The Salvation Army IT Suite offers 9 PC's all with Internet Access. Book at reception for training on the 'GOON' Internet Courses. These courses will then provide you with Certification of your achievements.

Where - The Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyme, ST5 7FA

Contact - 01782 564529

Knit and Natter/Crochet and Chatter



Beginners and experts welcome. Start up materials available for beginners. The session is free. Refreshments are provided. If you have your own knitting or sewing material, please bring it along. Some of the equipment can be loaned/hired by the provider. Please contact the provider if you require more details.

Where - Newcastle Library, 47 Ironmarket, Newcastle under Lyme ST5 1AT

When - Thursday 2.00pm - 4.00pm

Where - Eccleshall Library, 20 High Street, Eccleshall, Staffordshire ST21 6BZ

When - Tuesday 2.00pm - 3.00pm

Where - Talke Library, Springhead Primary School, Kingsley Road, Talke Pits, ST7 1RA

When - Friday 10.00am - 12.00pm

Contact - 01782 296840

Email - talke.library@staffordshire.gov.uk

Line Dancing



Line Dancing is a great social activity. No partner is needed, the steps are usually fairly simple and its great fun! Why not give it a try?

This is an established class; however they are very friendly and happy to assist anybody in learning the steps as long as they have a genuine interest in line dancing. They will welcome you to come along and have a taster session or just come along and take part socially.

Every Tuesday 8.00pm - 11.00pm

Venue - Wolstanton Working Mens Club, High Street, Wolstanton ST5 0HE

Cost - £3 per session

Morecare Day Opportunities



Enjoy exercises, indoor bowls, art/craft, reminiscing, bingo, dominoes, card games, pub lunches, shopping, hairdressers, theatre trips etc, all for the over 50's.

Where - Morecare Day Opportunities, 6 Darsham Gardens, Newcastle under Lyme, ST5 4LW

When - Every Day 10.00am - 3.00pm

Contact - Anita Yeomans or Sam Mould 07875 298759

Email - morecaredayopps@aol.com

New Vic Theatre



See the latest plays in the fantastic atmosphere in the round.

Where - Etruria Road, Newcastle ST5 0JG

Telephone- 01782 717962

Website - www.newvictheatre.org.uk

Free parking is available close to the entrance (please call to reserve a space) automatic doors, lift to 1st floor, ramped access to auditorium and disabled toilets.

Concessions are available on request; proof of status may be required. No concessions for matinees or Saturday performances unless otherwise stated

North Staffs Special Adventure Playground



The playground has been created to provide a new and exciting world for children, young people and adults with special needs as well as their schools, groups and families.

Unique to the area, the purpose built playground offers a variety of adventurous and imaginative indoor and outdoor facilities designed to provide play and recreational activities, to capture the imagination and develop skills within a safe and stimulating environment.

A wonderful brightly coloured playroom furnished with a three-storey soft-play structure provides a safe haven for fun and games while separate facilities are available for arts, crafts, music, drama and cookery.

Outside you can enjoy pond dipping, the nature walk, riding bikes and playing on an extensive grassed area - there is an aerial runway, challenging adventure trail and much much more...all created to offer visitors the chance to express themselves and their individuality, to learn and most importantly to have fun.

The Playground is run by a voluntary Management Committee with experienced paid staff who are assisted by a team of volunteers whose help is invaluable.

A Helping Hand

Our highly successful weekly Respite Clubs mean that parents of children and young people with special needs get a much needed break while their children can socialise and have fun. We run three evening clubs for children and young people aged 6-19 years as well as an evening group for young adults. A monthly disco is looked forward to with great enthusiasm by all those aged 15 and over. In addition, Saturday morning and Sunday afternoon Respite Clubs provide places for well over a hundred children and young people (aged 3-19 years) on a monthly rota basis.

During the Easter and summer holidays we organise play schemes which are extremely popular and these offer around 150 children and young people a variety of exciting activities.

Family Time

Family sessions take place every Saturday afternoon and during school holidays. We provide families with the opportunity to meet, socialise and support each other in a relaxed, safe and informal atmosphere. Staff and volunteers are always on hand to organise activities for the children and young people and support the families who attend.

Office hours

Tuesday - Friday 9.00am - 5.00pm

Club sessions (by arrangement)

Wednesday 5.30pm - 7.30pm

Thursday 5.30pm - 7.30pm

Friday 5.30pm - 7.30pm and 8pm - 10pm

Saturday morning 10am - 12.30pm

Sunday afternoon 1.30pm - 4pm

Monthly disco

(Friday) 7.30pm - 10pm

For further information, please contact:

North Staffs Special Adventure Playground

Stanier Street

Newcastle-Under-Lyme

Staffs

ST5 2SU

Tel: 01782 717612

Fax: 01782 717 612

Email: nsadventure@lineone.net

Family Sessions

Saturday afternoon 1.30pm - 4pm

We also run holiday play schemes and family sessions. Please ask for more information. On weekdays during the school term, the Playground's facilities and activities are used as part of the National Curriculum for Special Educational Establishments.

NSAAA Social Club



NORTH STAFFORDSHIRE
ASPERGER / AUTISM ASSOCIATION

Location: 3 Andrew Place, Newcastle under Lyme, Staffordshire ST5 1DL

Telephone: 01782 627002 (answering service)

Web: www.nsaaa.org.uk

Cost: A small donation from our members to help with the costs involved.

Adult social club for individuals aged 16 and over and meets once a month. Offer a variety of activities such as cinema and theatre trips, bowling, badminton and pub meals. These events are held mainly in the evenings. During the Summer holidays they endeavour to offer some day time activities such as a trip on the 'Beatrice' canal boat or perhaps a ramble in the countryside.

When - Varying days and times.

Contact - 01782 627002

Email - info@nsaaa.co.uk

Website - www.nsaaa.co.uk

Paddleability/Outrigger



At Trentham Canoe Club we're keen to encourage people of all ages and abilities to take part in paddlesport, and this includes those with learning difficulties and physical disabilities.

We work with several special schools in providing outrigger canoeing sessions to those with a range of learning difficulties and shortly hope to develop a disability outrigger canoe training group run by John Court. Under John's guidance, the Stoke-on-Trent & North Staffs Outrigger Canoe Club took a team to the Outrigger World Sprints 2006 in New Zealand where they won a gold medal.

A disability outrigger group has re-formed at Trentham and will be training every Tuesday night 6-8pm.

We have links with North Staffordshire Special Olympic Kayaking group, many of whom have raced for Trentham Canoe Club at the National Sprint regattas. One member, Jade Russ, secured a place on the GB Special Olympics team in 2007, winning two silver medals in Shanghai.

With a new clubhouse being built, our club will be fully wheelchair accessible, further expanding opportunities for disabled paddlers.

We welcome canoeists of all ages and abilities. Schools, youth clubs, social groups and individuals must book ahead.

Venue - Trentham Lake,

Contact - Dan Hopwood email - danhopwood1@googlemail.com

Web: www.trenthamcanoecub.co.uk

The Potteries Museum and Art Gallery



Location - Bethesda Street, Hanley, Stoke on Trent ST1 3DW

Telephone - 01782 232323

Web - stokemuseums.org.uk

Open - Mon - Sat 10.00am - 5.00pm Sun 2.00pm - 5.00pm

Admission Free but donations are welcome

SASSOT



Can provide information about sports activities available in the local area. Support is also available for the disabled who want to take part in sport.

Activities take place at a variety of times in the Staffordshire and Stoke on Trent area.

Telephone - For general enquiries 01785 619349, For disability sport enquiries telephone Mark Forsbrook 01785 619398

Web: www.sportacrossstaffordshire.co.uk

Slimming World



Listed below are four groups in your area.

Ramsey Road Community Centre, Off Douglas Road, (Near Morrisons), Cross Heath (Newcastle), ST5 9BJ

Wednesdays 7:00pm
Your Consultant's name is Kate
Telephone 07899 982797

The Library, The Ironmarket, Newcastle Under Lyme, ST5 1RH

Thursdays 9:30am and 11:30am and Thursdays 5:15pm and 6:30pm
Your Consultant's name is Claire
Telephone 01782 787705

St Marys Primary School, Church Lane, Knutton (Newcastle), ST5 6EB

Tuesdays 5:30pm and 7:30pm
Your Consultant's name is Sonneva
Telephone 01782 862319

Higherland Methodist Church, The Higherland, (Newcastle Under Lyme), Higherland, ST5 2TF

Wednesdays 5:15pm and 7:15pm
Your Consultant's name is Emma
Telephone 01782 615385

Splash



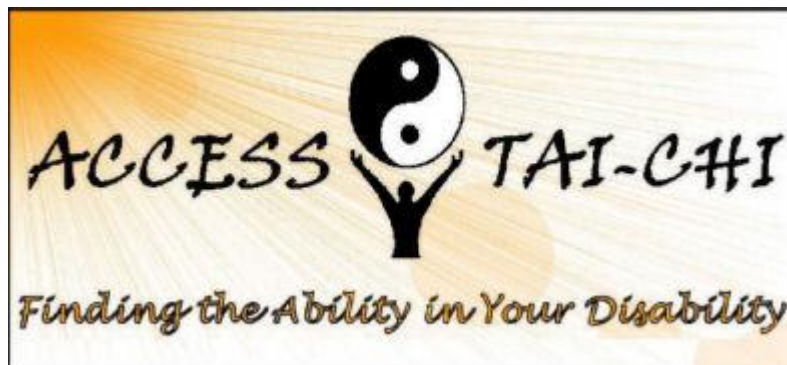
A disabled friendly swimming session for all ages and abilities. Families are welcome.

Venue: Jubilee Swimming Pool, Nelson Place, Newcastle under Lyme, ST5 1HG

When: Wednesdays 6.00pm - 7.00pm

Telephone: 01782 616606

Access to Tai-Chi



We are a group of disabled people who want to improve their physical health and general well-being and encourage others to enjoy the benefits of Tai Chi too.

What is Tai Chi?

Tai Chi is an ancient Chinese discipline with a history of over 4000 years. Whilst it originated as a martial art system, Tai Chi developed into a flexible and gentle form of exercise which have proven health benefits.

The group provides Tai Chi and Qigong for people whose health usually prevents them from enjoying this form of exercise and relaxation.

What do we do?

Our classes incorporate flexibility exercises, relaxation techniques and meditation. Some of the

more traditional aspects of Tai Chi such as The Form, Qigong and Temple Exercises, as well as some basic theory and relaxation techniques.

Find out more

Contact - 07766 341647

Email - acesstaichi@hotmail.co.uk

Write to - P.O. Box 2844, Newcastle under Lyme, Staffordshire, ST5 9BU

Trampolining



Trampolining for a variety of ages and abilities. Classes for disabled children and adults are available.

Where - Chesterton Community Sports Centre, Castle Street, Chesterton, ST5 7LP

Tuesday and Friday - 5.45pm - 7.45pm hourly sessions

Telephone - Jenny Masterman 07732 814510 for further details

Email - nstrampolining@btinternet.com

The Trentham Estate



Location: Stone Road, Trentham Stoke on Trent Staffordshire

Sat Nav postcode ST4 8JG

Telephone: 01782 646646

Website: www.threntham.co.uk

Get active at Trentham Gardens, run wild in the woodlands, brave the barefoot walk, ramble, row, set sail or even steam along the lakeside, hide and seek in the maze, have fun at the adventure playground. Stroll around the award winning Italian Gardens. Quench your thirst and satisfy your hunger in an array of eateries. Experience distinctively different retail therapy at Trentham Shopping Village, with over 50 individual shops and 14 cafes and restaurants, housed in timber lodges and the impressive Trentham Garden Centre.

Get up close and personal with 140 monkeys at the Trentham Monkey Forest; amaze yourself at Aerial Extreme high rope adventure course.

Walking



Walks for all ages and abilities and is a great way to meet like minded people. Regular walking is a good way to reach the recommended 30 minutes 5 times a week of physical activity and can help you to maintain a healthy weight.

Where - Chesterton - Salvation Army, Sanford Street, Brick Kiln Lane, Chesterton, Newcastle under Lyme ST5 7FA

When - Every Tuesday 9.15am

Length/Time 20 - 40 minutes

Where - Apedale Heritage Centre, Loomer Road, Chesterton, Newcastle ST5 7JS

When - Every Tuesday 10.30am

Length/Time - 45 - 60 minutes

Where - Cross Heath Primary Care, Lyme Brook Place, Newcastle ST5 9GA

When - Every Thursday 9.15am

Length/Time - 20 - 40 minutes

Where - Silverdale Library, High Street, Silverdale, Newcastle ST5 6LY

When - Every Thursday 9.15am

Length/Time - 20 - 40 minutes

Where - Talke Freeport (next to the recycling bins), Pit Lane, Talke Pits, Stoke on Trent, ST7 1XD

When - Every Saturday 10.00am

Length/Time - 60 - 90 minutes

Contact - Craig Harris 07967 662 001

Email - craigharris@smcvs.co.uk

Weight Watchers



Where - Newcastle Methodist Church, Merrial Street, Newcastle under Lyme ST5 2AW

When - Friday 10.00am

Where - Congregational Church, King Street, Newcastle under Lyme, ST5 1EJ

When - Thursday 6.00pm

Where - Holy Trinity RC Church Community Centre, London Road, Newcastle under Lyme ST5 1LQ

When - Wednesday 10.30am

Where - The Thistleberry Hotel, Thistleberry Avenue, Newcastle under Lyme ST5 2LT

When - Wednesday 6.00pm, Thursday 10.00am

Where Corner Stone Community Centre, Mill Street, Silverdale, Newcastle under Lyme ST5 6PF

When - Monday 6.00pm

Westport Lake Visitors Centre



Location: Westport Lake Road, Longport, Stoke on Trent

Telephone: 01782 454193

Open: 7 days a week, 10.00am - 5.00pm (shorter during the winter)

Westport Lake Visitor Centre is set in a modern eco-friendly building on the banks of Westport Lake. Visitors can enjoy hot and cold food and drinks in the popular cafe, which boasts panoramic views across the lake, or sit outside on the lakeside balcony, or visit our shop. Westport Lake is a local nature reserve enjoyed by walkers all year round.

Youth Projects



Newcastle Division Rangers

There are a number of different aspects to the Senior Section within Girl guiding. Ranger units plan their own activities from a varied and comprehensive list of activities. The essence of Ranger Guiding is having fun together as a group. Some may work on the Senior Section programme called 'Look Wider' a personal development programme with the opportunity to 'meet a challenge' and try new things. Others will concentrate on the D of E Award or may wish to have a go at camping, boating, archery or many other skills for which qualifications may be gained. For all Senior Section members there are many opportunities for international travel, and visits to Guides in other countries. Rangers wear Senior Section wear appropriate to the group to which they belong or clothing suitable for the activity in which they are participating. The aim of Guiding is to help girls and young women to develop so that they can make a positive contribution to their community and the wider world.

Where - St Andrews Church Hall, Pilkington Avenue, Westlands, ST5 3RE

Contact - Pauline Mckie 01889 270757

When - Friday (term time only) please contact to establish latest opening times

District (Newcastle) Table Tennis Group

Where - Bennett Youth Club, Bradwell Community Centre, Riceyman Road, Bradwell, ST5 8LF

Contact - Gary Chadwick 01782 660818

When - Tuesday and Friday 7.00pm - 9.30pm (term time only)

Stepping Stones to Nature Volunteer Group

This group meets once a month to visit lots of different nature reserves and country parks to do different conservation activities; habitat creation and management, pathwork, dry stone walling. No experience is needed. There is minibus transport available.

Where - Various venues in Stoke on Trent, North Staffordshire, Peak District National Park - please telephone the contact regarding the venue.

Contact - Karen Camara 01538 309416

Email - k.camara@staffs-wildlife.org.uk

When - Every second Wednesday of the month from 10.30am - 12.30pm

You will need to book your place with Karen prior to attending.

Westport Lake Conservation Volunteers

We meet once or twice a month to do practical conservation work at Westport Lake Country Park, like creating wildflower areas, improving habitats, restoring reedbeds, pathwork etc.

Where - Westport Lake Visitors Centre, Westport Lake Road, Longport, Staffordshire ST6 4RZ

Contact - Karen Camara 01538 309416

When - Every last Wednesday of the month from 11.00am - 2.00pm

You will need to book your place with Karen prior to attending.

Meynell Youth Centre

Once weekly Youth Club activities for Young People including games, arts and crafts sessions, workshops on social and life skills, refreshment facilities, opportunities for accreditation and access to holiday activities and trips.

Where - Meyhell Youth Centre, Ashley Memorial Hall, Gravelly Hill, Market Drayton TF9 4PN

Contact - Stuart Ormesher 07773 791497

When - Every Wednesday from 7.00pm - 9.30pm

Madeley Youth Club

Where - Madeley Youth Centre, Madeley High School, Newcastle Road, Madeley CW3 9JJ

Contact - Doreen Stanton 01782 297200

When - Please contact Doreen to obtain current opening times.

Zumba Fitness



The Latin-inspired, easy to follow, calorie burning fitness party!

All are welcome, any age or fitness ability. It costs £4.00 per class and make sure you bring a bottle of water.

If you are concerned about trying this activity, please ensure you take medical advice prior to taking part.

Where - The Salvation Army, Brick Kiln Lane, Chesterton, Newcastle under Lyme ST5 7FA

When - Monday 8.00pm - 9.00pm

Website - www.charlottesville.co.uk

CONCESSIONS FOR THE DISABLED

Leek College (College in the Community)

You may be entitled to a 50% reduction in the course fees, if in receipt of income based benefits. There is no charge for courses if you are in receipt of Job Seekers Allowance or Employment Support Allowance; however there will be a £5 registration fee payable.

The Cinema Exhibitors' Association Card

This is a national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. Terms and Conditions of use apply.

The card is valid for 1 year from the date of issue for cards issued since March 2009.

Printed application forms are available from cinemas across the UK supporting this card.

To apply for the card you will need submit proof to show that you meet one or more of the following criteria:

- a) Be in receipt of Disability Living Allowance or Attendance Allowance.
- b) Be a registered blind person.

You will also need to supply a passport-sized photo with your application to appear on the card.

A processing fee of £5.50 is chargeable per card. This is to be sent along with the completed application.

Local Participating Cinemas are -

Vue Newcastle-under-Lyme
The Square, Market Arcade, High Street, ST5 1PT
08710 240 240
www.myvue.co.uk

Odeon Stoke-on-Trent
Etruria Road, Etruria, Stoke-on-Trent, ST1 5SN
0871 22 44 007
www.odeon.co.uk

Forum Theatre Cinema
Bethesda Street, Hanley, Stoke-on-Trent, ST1 3DW
01782 232 323

Staffordshire Reels on Wheels
Werrington, Stoke on Trent, Staffordshire, ST9 0JY
01782 304 045

If you have any difficulty, please contact us at the address below:

The Card Network
Network House
St Ives Way
Sandycroft
CH5 2QS

Tel: 0845 123 1292

Concession/Disabled Bus Passes

At a time when bus services elsewhere are coming under threat, Staffordshire is getting set to become the national leader in getting people back on the buses.

We've come up a package which will give Staffordshire's older and disabled residents [free bus travel; all day, every day](#). And anyone eligible for a pass who can't travel unassisted can also get a 'companion pass' allowing their carer to travel free too.

And, the good news doesn't end there. We also want to give anyone under twenty the opportunity to get a ['Your Staffordshire Card'](#). This will allow them to travel anywhere within Staffordshire for just £1 per journey.

Travel and prosperity go hand-in-hand, and this move gives mobility and independence to those people who are least likely to have their own transport. Tens of thousands of pensioners, disabled people and young people will directly benefit.

We want people to find getting around the county as simple and affordable as possible. This will increase employment prospects and allow people easier access to educational, social and leisure activities such as visiting the Staffordshire Hoard on Tour.

We believe we can offer these great schemes without increasing the pressure on the taxpayer or affecting our pledge to a zero per cent council tax increase.

For more information call 0300 111 8000 or

Email - publictransport@staffordshire.gov.uk

Blue Badge Information

What is the Blue Badge Scheme?

The Blue Badge Scheme provides a national arrangement of parking concessions for people with severe walking difficulties who travel either as drivers or passengers. The Scheme also applies to registered blind people, and people with very severe upper limb disabilities who regularly drive a vehicle but cannot turn a steering wheel by hand. It allows badge holders to park close to their destination, but the national concessions apply only to on-street parking.

You can get a Badge if:

- You receive the higher rate of the mobility component of the Disability Living Allowance
- You receive a War Pensioners' Mobility Supplement
- You use a motor vehicle supplied for disabled people by a Government Health Department
- You are registered blind
- You have a severe disability in both upper limbs, regularly drive a motor vehicle but cannot turn the steering wheel of a motor vehicle by hand even if that wheel is fitted with a turning knob
- You have a permanent and substantial disability which means you are unable to walk or have very considerable difficulty in walking. In this case you may be asked to answer a series of questions to help the local authority determine whether you are eligible for a badge. People with a psychological disorder will not normally qualify unless their impairment causes very considerable, and not intermittent, difficulty in walking.

The Main concessions are:-

- Badge holders may park free of charge and without time limit at parking meters on street and "pay and display" on street parking unless local traffic orders prevent this
- Badge holders may be exempt from limits on parking times imposed on others
- Badge holders may usually park on single or double yellow lines for up to three hours in England and Wales and without time limit in Scotland unless this is prevented by a ban or local scheme

The Scheme does not apply in certain areas and the badge itself is not a licence to park anywhere. Details of the concessions and restrictions will be supplied once your application has been approved. The Badge itself is valid for three years and is a two-sided card with space for a photograph on the back.

If you are applying by e-mail, you will be notified when your application has received provisional approval or if your circumstances are such that you will not qualify. If you receive provisional approval you will then be asked to submit the following:

- Two reasonably recent photographs taken from self service booths or any suitable photographs cut down to passport photo size.

- If you are applying under Part B of the form in any of the sections where documentary evidence is required, you will also be asked to submit this with your photograph. All documents will be returned to you whether or not your application is successful.
- The fee for the replacement of a lost or stolen badge is £2.
- If you are applying for a car badge under Part C, it will be necessary for your GP to complete a medical questionnaire.
www.staffordshire.gov.uk/health/care/physicaldisabilities/transportfordisabled/home.aspx

To apply visit -

www.staffordshire.gov.uk/health/care/physicaldisabilities/transportfordisabled/home.aspx

Door2Door Transport Scheme

A friendly transport service for residents of Newcastle Borough, who experience mobility problems and cannot use public transport easily.

Unfortunately they cannot accommodate wheelchairs.

Venue - Newcastle Community and Voluntary Support at 12 Andrew Place, Newcastle under Lyme, Staffordshire ST5 1DL

Contact- Margaret Dobell Transport Service Co-ordinator 01782 621936

Email - door2door@nulcvs.co.uk

Please give as much notice as possible for your transport. This service depends on the availability of drivers.

Enjoy More of Staffordshire for Less

We've negotiated a superb range of amazing special offers, especially designed for Staffordshire Enjoy Card holders.

As an Enjoy Card holder you can get discounts, deals and exclusive benefits such as "2 for 1", "Kids go free" or money off at participating tourism businesses in and around Staffordshire.

From Alton Towers Resort, to The Trentham Estate, National Trust properties to the thrill of saloon car racing at DriveMe.Net, fascinating museums to the splendour of our Great Gardens! Not to mention hotels, accommodation, restaurants and shopping. The world of possibilities is right on your doorstep!

Remember, these offers are ONLY available to Staffordshire Enjoy Card holders. If you don't yet have an Enjoy card, then don't miss out on this fantastic opportunity.

Apply online for your FREE Enjoy Staffordshire Card (terms and conditions apply) at www.enjoystaffordshire.com

And Finally.....

Don't be embarrassed, ask for a concession ticket!

Don't conveniently forget, be embarrassed, or be too proud to ask if there's a concession available when booking a ticket to any of the UK's main venues or tourist attractions. There are savings to be had for the disabled and their companions. Try to take with you some form of proof of your disability, i.e. your latest letter from The Department of Work and Pensions, detailing the benefits that you receive. This may not always be required but if you are asked for some proof you may be glad that you took the time to take it along with you.